

10 Things I've Learned on Belly Dance Costuming

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Principle #1

5 Layers of Costuming

1 - Body and Grooming

2 - Makeup & Hair

3 - Costume

4 - Accessories

5 - Props

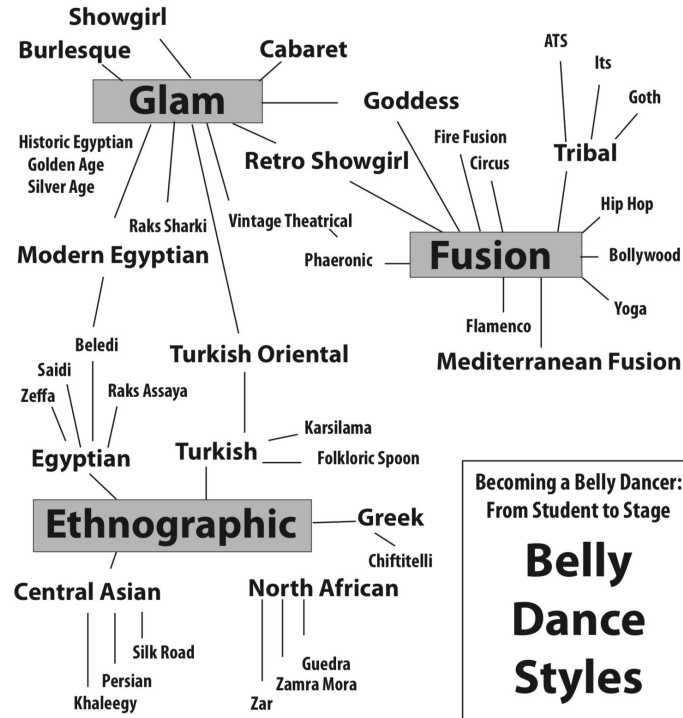
Principle #2

3 Main Groups of Costume

1 - Glam

2 - Ethnographic

3 - Fusion



Becoming a Belly Dancer:
From Student to Stage

**Belly
Dance
Styles**

Page 19 from
***Becoming a Belly Dancer:
From Student to Stage***

by Sara Shrapnell, Dawn Devine,
Alisha Westerfeld, and Poppy Maya

There are more details about these three styles in Chapter Three.



Principle #3 - “Performance Trinity”

A good belly dance performance must be visually united and work in harmony.

The “Performance Trinity” is composed of three elements:

1 - Costuming

2 - Music

3 - Repertoire

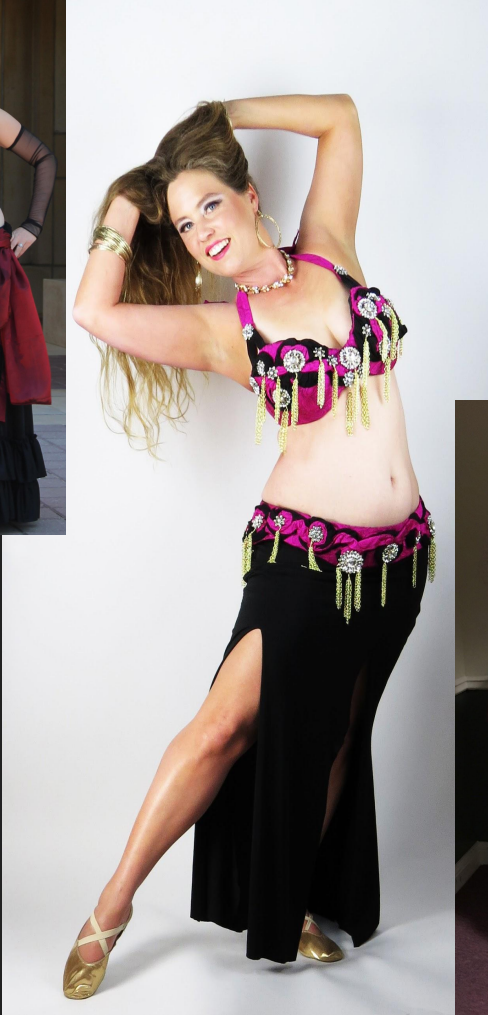
Pro Dancer Poppy Maya at Work

Principle #4

Costumes are available in different Grades

- Student
- Semi-Professional
- Professional
- Couture

Shalimar in different Costume Grades



Principle 5: The Belly Dance Wardrobe is more than Costumes





Make a budget

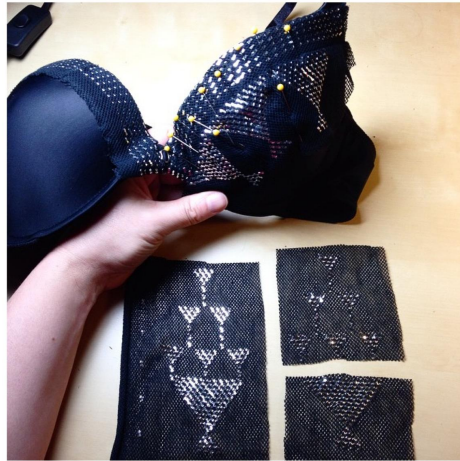
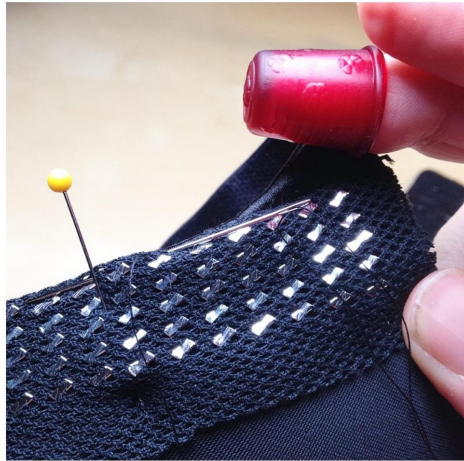
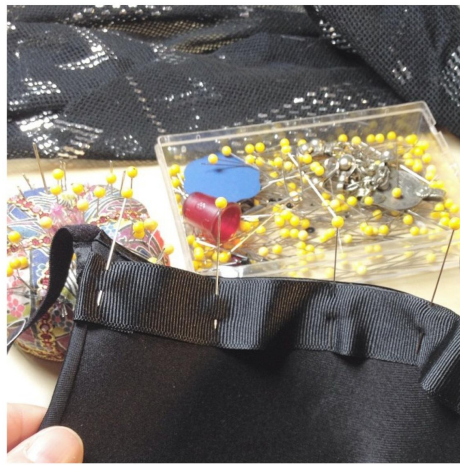
- Save for Purchases
- Identify your Needs vs. Wants
- Spend on Quality Essentials
- Value & Cost per wearing
- Do your research



Document Your Costume Looks

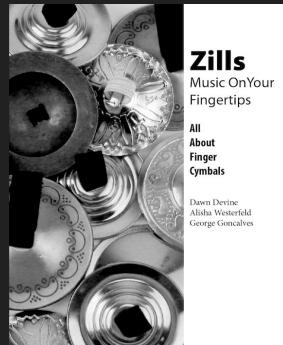
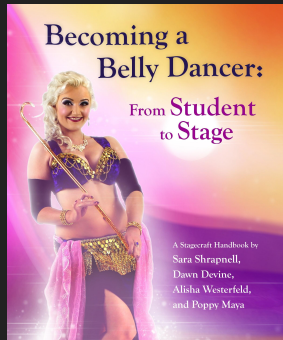
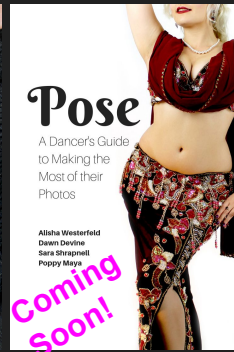
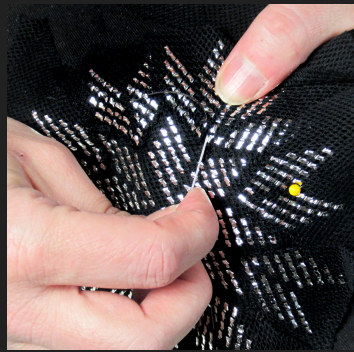
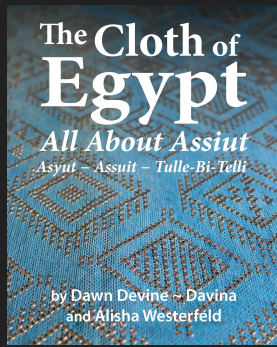
- Use Photos & Videos
- Take Selfies and OOOD
- Evaluate your looks
- Plan for change
 - Restyle
 - Accessories
 - Fit Alterations
 - Repairs

Alisha Westerfeld, Dancer - Photographer - Author



Learn to Sew

- Fitting Alterations
- Repairs
- Restyling
- Dressmaker Pieces
- Specialty Costume Pieces
- Pro-Level
- Couture-Level



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Thank You!